

Premier Obstetrics and Gynecology of Orlando

531 N. Maitland Ave., Maitland, FL 32751 (321) 397-1212

Vein Treatment Plan for _____

Area to be treated	Estimated individual treatment time	Estimated treatments required	Estimated total treatment time for series	Frequency
Treatment summary				Treatment plan recommended
Totals				

Post treatment instructions:

- Avoid sun exposure and wear SPF30 sunblock for one month after treatment on all treated areas that may be exposed to the sun.
- Cold compresses may be applied only to reduce swelling.
- If blistering occurs apply Hydrocortisone 1% or an antibiotic ointment in a thin layer as directed twice a day.
- Please call us at the first sign of persistent pain or blistering.
- Use support hose 20-30 psi worn continuously for three to five days.
- Leave pressure bandage on for 24-48 hours.
- Treatment area should be **gently** washed twice per day with tepid water and mild soap.
- Do Not** exercise for three days after treatment.
- Do Not** use alcohol, aspirin, Advil, or any blood thinners for five days.
- Do Not** take hot showers, baths, use hot tubs or saunas for five days.

Post treatment expectations:

- Expect some redness and swelling, which may convert to a "cat scratch" scab for 2-3 weeks.
- Leg vein resolution usually takes about 8-12 weeks, with approximately 3-5 treatments needed for maximum clearance.
- Facial vein resolution takes up to two weeks. At the end of this process, some vessels may be gone while others may be lighter or not affected.

NEXT APPOINTMENT SCHEDULED FOR: _____

{Practice/MD/ARNP Name here}

Patient

Date

Date